

SLDS ADULT UNIFORM LIST

Below is a guide of what to wear for your classes . . .

Adult tap and ISTD vocational tap classes - clothing and shoes

Capezio 'character', 'buckle bar' or 'premier' tap shoes in black

Wear anything comfortable - loose trousers are good with any top

Adult ballet and balletone - clothing and shoes

Black canvas split-sole ballet shoes with crossed black elastic

Capezio black dance tights

Black leotard (Capezio with bra lining recommended - but without crossed straps). Alternatively, black vest top and stretchy black shorts

Optional: Capezio black wrap over ballet skirt if wearing leotard

ISTD vocational ballet classes - clothing and shoes

Pink canvas split-sole ballet shoes with crossed pink elastic. Pointe shoes (please show them to the teacher to check fit before sewing on ribbons and elastic)

Any suitable leotard without crossed straps. Pink ballet tights without seam

Optional: any suitable ballet teaching skirt

Adult jazz / modern / street / stretch - clothing and shoes

Optional and will depend on style of dance being taught each lesson.

Come to the first lesson with;

Normal trainers (not muddy!)

Jogging bottoms / jazz pants. Tightish t-shirt or vest top

ISTD vocational modern classes - clothing and shoes

Bare feet preferred, or foot thongs or split sole jazz shoes (with or without laces)

Any suitable leotard and matching dance tights or any catsuit

Dance clothing items and dance shoes should be purchased from a specialist dance shop - 'Duo Dance' in Herne Hill is the closest - 020 7274 4517.

Please do not wear any large items of jewellery