



Lower School Newsletter - 23rd September 2024

Dear Parent or Carer,

I hope the autumn term has started well for you and your family. Our Lower School students are already doing very well, getting to know their teachers and class mates and settling into the class routines. Also, I would like to take this opportunity to say a very warm welcome to the 115 new students who have already joined us this term.

Ballet bun demonstrations - THIS WEEK

This week, for the first 10 minutes of Pre-Primary to Grade 1 ballet classes, the teachers will be providing demonstrations of how to do a classical ballet bun for parents / carers, as per the schedule below. Please do your best to stay for your child's session below, so that you can learn / refresh how to do a bun in your child's hair.

Tuesday 24th September

4:15pm Pre-Primary Ballet (I) STUDIO 3

Saturday 28th September

10.55am Pre-Primary Ballet (I) RED set STUDIO 3

11.45am Pre-Primary Ballet (I) YELLOW set STUDIO 2

12.30pm Pre-Primary Ballet (I) MAGENTA set STUDIO 3

1.35pm Pre-Primary Ballet (I) DARK BLUE set STUDIO 1

A top tip is to make sure you have pins, rather than grips (Kirby's) for the bun as well as a hair net, not bun net. You can also refer to these videos:

<https://www.youtube.com/watch?v=zUC3WzQrT6s>

<https://www.youtube.com/watch?v=k54ROkYfykM&t=204s>

Boys who have hair that falls over their eyes are also required to have it tied back - a pony tail is suitable in most cases and the below hairband may also be helpful:

<https://amzn.eu/d/e9EUeTr>

Week commencing Monday 4th November - Healthy Eating week

Last year, we focused on what makes a balanced diet and so this year, we will be teaching the children about suitable food choices to give them energy for dancing. All chats will be age appropriate, however, if you do not wish your child to be involved in this part of their all-round dance education the please inform us **before the half term break**. If your child usually brings a snack to their session, then it would be great if they could bring with them a healthy snack which they can show to the rest of their group on **Saturday 9th November**.

Invitation to parents / carers of Preparatory & Pre-Primary (I) children to watch

Monday 18th to Saturday 23rd November - Further information will be sent to you nearer the time, but please be aware that no children under the age of 4 will be allowed into the studio to watch and no exceptions will be made to this policy, which is in the best interests of the children in the classes. This includes tiny babies as it cannot be guaranteed that they will stay asleep for the duration of the class. Therefore, please organise child care for siblings in advance if needed, or contact us if you have any queries.

Please note that we will not be inviting parents / carers to watch our Nursery classes this term because the children are still settling in, but rest assured that you will be invited to watch towards the end of the spring term.

Summer show - June 2025

Our summer show is confirmed for **Sunday 29th June 2025** at Catford Broadway Theatre. This will be a full-scale show and all children who are in Pre-Primary and above will be invited to perform. A show information letter will be sent to you ahead of the October half term break, in the meantime, please save the following dates:

Sunday 8th June, Sunday 15th June (note - this is Father's Day), **Sunday 22nd June and Saturday 28th June** at the theatre.

Absences and punctuality

Please note that our lateness policy is now effective:

<https://southlondondancestudios.co.uk/wp-content/uploads/2021/09/South-London-Dance-School-Lateness-Policy-31082021.pdf>

If your child is in Pre-Primary (I) and they are more than 10 minutes late then please wait and knock the door after the first lesson, so that they can come in to the studio for their second lesson.

We do not need to be informed if your child will miss only one or two lessons. However, please do notify the office if your child will miss three or more lessons in succession. Thank you very much for your cooperation.

Security

Please bear in mind that some children are in the building without an adult and therefore, please ensure you shut the back door behind you. Thank you for your cooperation.

To stay up to date with events happening at our school, follow us on social media:

Facebook - @southlondondanceschool

Instagram - @south_london_dance_school

Best wishes,

Miss Zoe

Principal

South London Dance School