



Lower School Newsletter - 5th January 2026

Dear Parent or Carer,

I hope you've had an enjoyable Christmas and New Year break and have been able to spend time with family and friends. I would like to take this opportunity to welcome all of the new children and families who are joining us this term. I hope the children will settle in well and enjoy their first dance classes with us.

Spring term classes start today and the teachers and I very much look forward to seeing the children and hearing about their Christmas break. Our spring and summer 2026 term dates can be found here:

<https://southlondondancestudios.co.uk/general-information/term-dates/>

Reminders for when you are at the studios

- **Please remind yourself of our front door code** - as the office staff are not always available to answer the front door intercom. **Please bear in mind that some children are in the building without an adult and therefore, please ensure you shut the back door behind you.** Thank you for your cooperation.
- Bicycles, e-bikes and e-scooters may be stored in the side area of the building and can be locked to the bicycle hoops. However, e-bikes and e-scooters must NOT be stored near to the accessible toilet at the far end of the side area. Lithium batteries on e-bikes and e-scooters must be genuine makes, regularly serviced and kept in good condition. Under no circumstances may any bicycles, e-bikes, scooters or e-scooters be stored inside the building, also they must NOT be stored in staff car park near to the back door to the studios as this is an emergency exit route.
- To relieve corridor congestion and meet H&S requirements, please do not change your child in the corridor - we have two changing rooms upstairs. Also, with the exception of Melody Movement classes, please don't leave any outdoor coats and shoes in the corridor as it's a fire exit route which must be kept clear.
- Please do not bring buggies in corridor unless the child inside the buggy is asleep (you can enter via the back gate and bring a bicycle lock to lock your buggy to the hoops in side return). Bicycles and scooters are also not permitted inside the building.

- Regarding the changing rooms, please note that female carers with young boys should use the girls changing room and male carers with young girls should use the boys changing room. Please contact us if you have any questions about this.
- If you wish to use a device charger whilst at the studios, for H&S reasons it must be a genuine make e.g. Apple.
- Supervised breaks remain the same as last term, also please be reminded that any snacks must comply with our food allergens policy:
<https://southlondondancestudios.co.uk/wp-content/uploads/2025/08/South-London-Dance-School-Food-Allergens-policy-24082025.pdf>
- Please familiarise yourself with our lateness policy which will be in place from the start of term with the aim of reducing interruptions to classes so that children can be given their opportunity to focus to the best of their ability:
<https://southlondondancestudios.co.uk/wp-content/uploads/2021/09/South-London-Dance-School-Lateness-Policy-31082021.pdf>

Remember that if your child is in Pre-Primary level and they are more than 10 minutes late for the first lesson of their session, then they will be permitted to join for the second lesson of that session. Regarding absences, this term, we do not need to be informed if your child will miss only one or two lessons. However, please do notify the office if your child will miss three or more lessons in succession. Thank you for your cooperation.

Injuries, allergies, illnesses, other medical conditions & SEND

- In order to ensure the safety of our students, it is of the utmost importance that parents / carers inform us of any allergies or illnesses their child may have, so that we have this on record in case of any medical emergency.
- If your child suffers from any medical condition or has been / is in the process of being assessed for SEND and you have not already informed us, then please contact me **by 9am on Wednesday 7th January** so this can be noted on your child's record and so that our teachers can provide the best possible support for your child.
- If your child carries with them an epi-pen, or any other medication which we might need to administer, then please contact me **by 9am on Wednesday**. Likewise, if your child no longer needs their medication, then please let us know immediately.
- If your child has suffered an injury over the Christmas break, or has a pre-existing injury about which we may / may not be already aware, then we **MUST** be notified **by 9am on Wednesday** so that teachers can be informed and a decision about participation in classes can be reached.

Reminder about contagious skin conditions

Please consider the welfare of other children in our school community and teachers if your child has any contagious issue with their skin, including verrucae and warts. **Any contagious skin condition must be covered up with suitable plasters / foot covering and/or tights / leggings.**

For foot conditions, if your child is required to dance barefoot for their dance classes, then we suggest they wear contemporary socks as a covering until the issue is resolved:

<https://uk.blochworld.com/products/blochsox-dance-socks-black-knit>

Please take seriously the responsibility to take all possible steps to mitigate risk of others catching it.

Your New Year's Resolution for YOURSELF?

We have spaces in our adult beginners tap and modern / jazz classes on a **Tuesday and Thursday evening**, so if your new year's resolution is to get fitter or learn a new skill, then contact Meliz at sldsadultclasses@gmail.com for more information.

New class starting on Thursday 4.00-4.45pm - Junior Funky Moves

Please spread the word that this new class is starting this week. It's for boys and girls in Reception to Year 2 and we are particularly keen to get more boys interested in dance.

The children will learn street dancing moves in a creative and fun story-telling context. The fee for the 11-week term will be £104.00.

Children's dance parties

We can offer dance parties on Sunday's during term time and any day (subject to availability of teachers) during school holiday periods. One of our experienced and / or qualified dance teachers will lead a fun dance party for your child and his / her friends. The children learn a dance routine of any dance genre to their chosen piece of music which they can perform to parents at the end. If you'd like more information then contact infosouthlondondanceschool@gmail.com

Wishing you a great start to spring term 2026!

To stay up to date with events happening at our school, follow us on social media:

Facebook - @southlondondanceschool

Instagram - @south_london_dance_school

Miss Zoe

Principal

South London Dance School