

South London Dance School Timetable autumn term 2026

Monday

Studio 1

4.45-5.45 Grade 1 Ballet (1st class)
5.45-6.00 **Grade 1 National (Part II) Stretch** (first 15 mins is in studio 2 at 4.30pm)
6.00-6.30 Grade 5 Ballet Pointe work (1st class)
6.30-7.30 Grade 2 Ballet (1st class)
7.30-8.00 Grade 4 Ballet S&T (Part II) (first 15 mins is in studio 2)
8.00-8.30 Grade 6 Ballet Pointe work (1st class)
8.30-9.45 Adult Ballet Tone (II)

Studio 2

4.30-4.45 **Grade 1 National (Part I) National** (first 15 mins only)
4.45-5.30 Intermediate Modern (I) (1st class)
5.30-6.30 Grade 2 Tap (II)
6.30-7.15 Grade 5 Ballet S&T
7.15-7.30 Grade 4 Ballet S&T (Part I) (first 15 mins only)
7.30-8.30 Grade 3 Tap (I)
8.30-9.45 Adult Ballet Tone (I) or Adult Ballet (III)

Studio 3

4.45-5.45 Grade 4 Ballet (1st class)
5.45-6.15 Grade 4 Ballet Pointe work (1st class)
6.15-7.15 Intermediate Ballet (1st class)
7.15-7.45 Intermediate Ballet Pointe work (1st class)
7.45-8.45 Grade 5 Ballet (1st class)
8.45-9.45 Grade 6 Ballet (1st class)

Tuesday

Studio 1

4.15-5.00 Primary Ballet (I)
5.00-6.00 Grade 3 Ballet (1st class)
6.00-6.45 Grade 6 Ballet (2nd class)
6.45-7.45 Grade 5 Ballet (2nd class)
7.45-8.45 Grade 4 Ballet (2nd class)
8.45-9.45 Intermediate Ballet (2nd class)

Studio 2

4.15-5.00 Primary Ballet (II)
5.00-5.45 Grade 5 Modern (1st class)
5.45-6.45 Intermediate Modern (II) (1st class)
6.45-7.45 Grade 3 Tap (II)
7.45-8.30 Grade 6 & Intermediate Ballet and Intermediate modern (II) S&T
8.30-9.00 Grade 5 Ballet Pointe work (2nd class)
9.00-9.30 Grade 4 Ballet Pointe work (2nd class)

Studio 3

4.15-5.00 Pre-Primary Ballet (II)
5.00-5.30 Primary National
5.30-6.00 Private Lesson
6.00-6.45 P&S A - for Grade 5 modern, Grade 4 ballet, Grade 5 ballet
6.45-7.45 Adult Tap Advanced
7.45-8.45 Adult Tap Intermediate (I)
8.45-9.45 Adult Tap Intermediate (II)

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Wednesday

Studio 1

5.00-5.30 Pre-Primary Tap (III)
5.30-5.45 Grade 3 Ballet S&T (Part I) (first 15 mins)
5.45-6.45 Grade 3 Ballet (2nd class)
6.45-7.15 Grade 6 & Intermediate Pointe Work (2nd class)
7.15-8.15 Seniors Free Ballet
8.15-9.30 Adult Ballet (IV)

Studio 2

4.15-5.00 Primary Modern (III)
5.00-5.45 Grade 1 Tap (I)
5.45-6.30 Grade 1 Modern (II)
6.30-7.30 Grade 1 Ballet (1st or 2nd class)
7.30-8.45 Adult Ballet Tone (I) or Adult Ballet (III)
8.45-9.00 P&S B (Part II) (first 30 mins in studio 3) - for Grade 4 modern, Intermediate modern, Grade 6 ballet, Intermediate ballet
9.00-9.45 Intermediate Tap (1st class)

Studio 3

4.15-4.45 Grade 1 Modern (I) - supervised break 4.45-5pm for those in Pre-Primary Tap (III)
4.45-5.30 Primary Tap
5.30-5.45 Grade 5 Tap (new)
5.45-6.45 Grade 5 Tap (all)
6.45-7.15 Grade 3 Ballet S&T (Part II) (first 15 mins is in studio 1 at 5.30pm)
7.15-8.15 Grade 4 Modern (II) (1st class)
8.15-8.45 P&S B (Part I) (last 15 mins in studio 2) - for Grade 4 modern, Intermediate modern, Grade 6 ballet, Intermediate ballet
8.45-9.45 Adult Beginners Tap (II)

Thursday

Studio 1

4.00-4.45 Junior Funky Moves
4.45-5.30 Level 1 Commercial/Street
5.30-6.15 Level 2 Commercial/Street
6.30-7.15 Level 3 Commercial/Street
7.30-8.15 Level 5 Commercial/Street
8.15-9.00 Level 4 Commercial/Street
9.00-10.00 Adult Commercial & Stretch

Studio 2

4.30-5.30 Grade 3 Modern (I)
5.30-6.15 Grade 2 Modern (I) A
6.15-7.00 Grade 2 Modern (I) B
7.15-8.15 Grade 4 Modern (I)
8.15-9.00 Intermediate Modern (II) (2nd class)
9.00-9.45 Adult Beginners Tap (I)

Studio 3

4.30-5.30 Grade 2 Modern (II)
5.30-6.30 Grade 3 Modern (II)
6.30-7.30 Grade 5 Modern (2nd class)
7.30-8.15 Grade 4 Modern (II) (2nd class)
8.15-9.00 Intermediate Modern (I) (1st class)
9.00-9.45 Intermediate Tap (2nd class)

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Friday

Studio 1

4.00-4.30 Mini Elite Performers
4.30-5.30 Intermediate Gym Skills
5.30-6.30 Junior Gym Skills
6.45-7.45 Senior Gym Skills

Studio 2

4.15-5.00 Junior Street
5.00-5.45 Grade 1 Tap (II)
5.45-6.45 Senior Contemporary
6.45-7.30 Junior Contemporary
7.30-8.30 Intermediate Contemporary

Studio 3

4.30-5.30 Senior Elite Ballet
5.30-6.15 Grade 2 Tap (I)
6.15-7.15 Grade 1 Ballet (1st or 2nd class)

See next page for Saturday timetable

Sunday

Studio 3

3.30-4.30 Musical Theatre (I)
4.30-6.00 Musical Theatre (II)
6.00-7.30 Musical Theatre (III)

Lesson dates - autumn term 2026

1. Sunday 13th September
2. Sunday 20th September
3. Sunday 27th September
4. Sunday 11th October
5. Sunday 18th October
6. Sunday 15th November
7. Sunday 22nd November
8. Sunday 29th November
9. Sunday 13th December

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Saturday

Studio 1

8.50-9.20 Melody Movement A *(to move to earlier time of 8.45-9.15am in summer term)*
9.30-10.00 Melody Movement B *(to become Nursery dance B in summer term, and time will be 9.20-10.05am)*
10.10-10.40 Pre-Primary ballet (I) D *(move to 1.45pm start in summer term 2027)*
10.40-11.10 Pre-Primary tap (I) D
11.10-11.40 Primary modern (I) D
11.45-12.30 Primary modern (III) A
12.30-1.00 Pre-Primary ballet (II) A
1.00-1.10 Supervised break
1.10-1.40 Pre-Primary tap (III) A
1.45-2.15 Pre-Primary ballet (I) C
2.15-2.45 Pre-Primary tap (I) C
2.45-3.15 Primary modern (I) C
3.20-4.05 Grade 1 modern (II)
4.05-4.50 Grade 1 tap (I)
4.50-5.00 Supervised break
5.00-5.45 Grade 2 Stretch & Technique
5.45-5.50 Supervised break
5.50-6.20 Grade 1 National

Studio 2

9.00-9.30 Melody Movement C *(to become Nursery dance C in spring term, and start at 8.45am)*
9.35-10.35 Preparatory dance & tap A
10.40-11.40 Preparatory dance & tap C
11.45-12.15 Pre-Primary ballet (I) B
12.15-12.45 Pre-Primary tap (I) B
12.45-1.15 Primary modern (I) B
1.20-2.05 Primary modern (III) B
2.05-2.15 Supervised break
2.15-2.45 Pre-Primary tap (III) B
2.45-3.15 Pre-Primary ballet (II) B
3.15-4.00 Junior Power & Skills
4.00-4.45 Junior Elite Ballet
4.45-5.45 Grade 1 ballet (2nd class)
5.45-6.45 Grade 2 ballet (2nd class)

Studio 3

8.55-9.40 Nursery dance A
9.45-10.45 Preparatory dance & tap B
10.55-11.25 Pre-Primary ballet (I) A
11.25-11.55 Pre-Primary tap (I) A
11.55-12.25 Primary modern (I) A
12.35-1.20 Primary tap B
1.20-1.30 Supervised break B
1.30-2.15 Primary ballet (I) B
2.15-2.45 Grade 1 modern (I) B
2.50-3.20 Grade 1 modern (I) A
3.20-4.05 Primary ballet (I) A
4.05-4.15 Supervised break A
4.15-5.00 Primary tap A
5.00-5.45 Primary ballet (II)
5.45-6.15 Primary National